

Screen for Disordered Eating (SDE)

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Screen for Disordered Eating: Improving the accuracy of eating disorder screening in primary care.

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| 1. Do you often feel the desire to eat when you are emotionally upset or stressed? | Yes | No |
| 2. Do you often feel that you can't control what or how much you eat? | Yes | No |
| 3. Do you sometimes make yourself throw up (vomit) to control your weight? | Yes | No |
| 4. Are you often preoccupied with a desire to be thinner? | Yes | No |
| 5. Do you believe yourself to be fat when others say you are thin? | Yes | No |



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