Screen for Disordered Eating (SDE)

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Screen for Disordered Eating: Improving the accuracy of eating disorder screening in primary care.
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1. Do you often feel the desire to eat when you are emotionally upset or stressed?  
   Yes  No

2. Do you often feel that you can't control what or how much you eat?  
   Yes  No

3. Do you sometimes make yourself throw up (vomit) to control your weight?  
   Yes  No

4. Are you often preoccupied with a desire to be thinner?  
   Yes  No

5. Do you believe yourself to be fat when others say you are thin?  
   Yes  No